

30-Day Piano Practice Checklist – Mozart K.545 (Public-Tolerance Standard)

Day	Done	Practice Focus	Memo
1	<input type="checkbox"/>	Score mapping & fingering decisions	_____
2	<input type="checkbox"/>	RH alone – phrasing & evenness	_____
3	<input type="checkbox"/>	LH alone – rhythmic control	_____
4	<input type="checkbox"/>	Hands together – micro sections	_____
5	<input type="checkbox"/>	Continuity practice (slow)	_____
6	<input type="checkbox"/>	Dynamic blueprint	_____
7	<input type="checkbox"/>	Clean slow run-through	_____
8	<input type="checkbox"/>	Transition practice	_____
9	<input type="checkbox"/>	Tempo step-up	_____
10	<input type="checkbox"/>	Memory anchors	_____
11	<input type="checkbox"/>	Pedal control	_____
12	<input type="checkbox"/>	Soft playing test	_____
13	<input type="checkbox"/>	Error-free sections only	_____
14	<input type="checkbox"/>	Medium tempo full run	_____
15	<input type="checkbox"/>	Assessment & correction	_____
16	<input type="checkbox"/>	Final tempo lock	_____
17	<input type="checkbox"/>	Distraction simulation	_____
18	<input type="checkbox"/>	Musical intention pass	_____
19	<input type="checkbox"/>	Cold start practice	_____
20	<input type="checkbox"/>	Full recording	_____
21	<input type="checkbox"/>	Recording-based fixes	_____
22	<input type="checkbox"/>	Confidence runs	_____
23	<input type="checkbox"/>	Public-ready test	_____
24	<input type="checkbox"/>	Maintenance run	_____
25	<input type="checkbox"/>	Random start practice	_____
26	<input type="checkbox"/>	Stability check	_____
27	<input type="checkbox"/>	Light run-through	_____
28	<input type="checkbox"/>	Confidence reinforcement	_____
29	<input type="checkbox"/>	Final polish	_____
30	<input type="checkbox"/>	Public-tolerance confirmed	_____